

Building Trust Within Your Team

THE TODAY'S LEADER
PODCAST EPISODE 476

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Key Points

1. Authenticity:

- Be genuine and transparent in your communication.
- Show empathy and relate to your team's experiences.
- Admit when you don't have all the answers.

2. Consistency:

- Follow through on promises and commitments.
- Maintain regular, clear communication.
- Be dependable, especially during challenging times.

3. Vulnerability:

- Share personal experiences and challenges when appropriate.
- Encourage open dialogue about mistakes and learning.
- Create a safe space for team members to express concerns.

4. Recognition and Support:

- Regularly acknowledge individual and team achievements.
- Offer support and resources proactively.
- Celebrate both big and small wins.

5. Feedback and Continuous Improvement:

- Provide constructive, honest feedback.
- Foster a culture where feedback is seen as a tool for growth.
- Encourage team members to provide feedback to you as a leader.

WORKSHEET

1. Authenticity:

- When was the last time I shared a personal challenge with my team?
- How can I be more transparent in my daily interactions?

2. Consistency:

- Have I missed any commitments recently? How did I address it?
- What systems can I put in place to ensure I'm consistently supporting my team?

Vulnerability:

- Have I created an environment where team members feel comfortable admitting mistakes?
- How can I model vulnerability to encourage openness?